Ambroxol (30mg) + Cetirizine (5mg) + Dextromethorphan Hydrobromide (10mg) + Guaifenesin (100mg) + Phenylephrine (15mg)

Cufsniff AD Tablet

Ambroxol (30 mg) + Cetirizine (5 mg) + Dextromethorphan Hydrobromide (10 mg) + Guaifenesin (100 mg) + Phenylephrine (15 mg) Tablet

Description

This combination tablet is formulated for the effective management of cough, cold, and related symptoms. It addresses multiple aspects such as productive and dry cough, nasal congestion, throat irritation, and allergic reactions, providing comprehensive relief from upper respiratory tract conditions.

Composition

Each tablet contains:

- Ambroxol Hydrochloride: 30 mg (Mucolytic)
- Cetirizine Hydrochloride: 5 mg (Antihistamine)
- Dextromethorphan Hydrobromide: 10 mg (Cough suppressant)
- Guaifenesin: 100 mg (Expectorant)
- Phenylephrine Hydrochloride: 15 mg (Decongestant)

Excipients: Q.S.

Pharmacological Action

- 1. Ambroxol Hydrochloride: Breaks down thick mucus, facilitating easier expulsion and clearing of airways.
- 2. Cetirizine Hydrochloride: Relieves allergic symptoms like sneezing, runny nose, and itching by blocking H1 histamine receptors.

- 3. Dextromethorphan Hydrobromide: Suppresses the cough reflex in the brain, alleviating dry, unproductive coughs.
- 4. Guaifenesin: Thins mucus, making it easier to expel and relieving chest congestion.
- 5. Phenylephrine Hydrochloride: Acts as a nasal decongestant by constricting blood vessels in the nasal mucosa, reducing swelling and congestion.

Indications

This tablet is indicated for the symptomatic relief of:

- Productive and dry cough.
- Nasal congestion and sinus pressure.
- Symptoms of cold, flu, and upper respiratory tract infections.
- Allergic symptoms such as sneezing, runny nose, and throat irritation.

Dosage and Administration

- Adults and Children (12 years and older): 1 tablet every 8-12 hours or as directed by a physician.
- Maximum Dose: Do not exceed 3 tablets in 24 hours.
- Swallow the tablet with water; do not crush or chew.

Contraindications

- Hypersensitivity to any of the ingredients.
- Severe hypertension or coronary artery disease.

- Patients currently on monoamine oxidase inhibitors (MAOIs) or within 14 days of stopping them.
- Severe liver or kidney impairment.

Precautions

- Avoid concurrent use with other medications containing paracetamol or decongestants to prevent overdose.
- Use with caution in patients with asthma, cardiovascular disorders, or glaucoma.
- May cause drowsiness; avoid driving or operating machinery.
- Avoid alcohol consumption during treatment.
- Consult a doctor if symptoms persist for more than 5 days or worsen.

Adverse Effects

- Common: Nausea, dry mouth, dizziness, drowsiness, or mild gastrointestinal discomfort.
- Less common: Headache, nervousness, or palpitations.
- Rare: Allergic reactions like rash, itching, swelling, or difficulty breathing.

Seek immediate medical attention if severe adverse reactions occur.

Storage Instructions

- Store below 30°C in a dry place.
- Protect from light and moisture.
- Keep out of reach of children.

Presentation

Available in strips of 10 tablets.

Note: This medication provides symptomatic relief and does not address the underlying cause of the condition. It should be used under medical supervision for optimal results.

Manufactured in India for:

